



Big Picture Overview

DOG TRAINING WORKSHOP FALL 2021 START-UP GUIDES

- Preventing Your Dog From Jumping On You
- Teaching Loose Leash Walking
- Managing Inappropriate Barking

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HOW TO PREVENT YOUR DOG FROM JUMPING ON YOU

START-UP GUIDE I

Big Picture Overview

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HOW TO PREVENT YOUR DOG FROM JUMPING ON YOU START-UP GUIDE I

The Goal

Your dog learns how to approach and greet all people, including children, with all four feet on the floor. He/she further learns to wait for an invitation to approach.

You Need

- Your dog's regular collar or harness
- 6-foot leash (NOT a retractable leash)

Why Dogs Jump on People (some of the reasons)

1. Greeting
2. Curiosity
3. Play
4. Attention-seeking
5. Excitement
6. Communication

In this lesson, we will address greeting and attention-seeking behaviors.

THE FOUNDATION

- Environment. Your dog's actions are strongly affected by his current surroundings. Before you can influence his actions, you have to influence his perceptions about his surroundings. Model the reaction that you want the dog to mirror.
- Agency. Dogs have the freedom to choose their actions. We design consequences that influence their decisions. Present a variety of acceptable choices.
- Emotion. We teach the dog interaction guidelines that instill calmness and a desire to join us. This emotional connection elevates the relationship you already enjoy.

FIRST STEPS

- Build a feedback loop of calm interaction between you and your dog by intentionally using your power tools of voice, touch, and body language.
- Extend the duration of the calm interaction between you and your dog.
- Invite your dog to greet you, to follow you, to continue interacting and responding to calmness cues.
- Give your dog freedom of self-expression to make self-reinforcing choices.
- Observe the dog's calming signals and respond accordingly.

GETTING TO THE FINISH LINE + BEYOND

Are you ready to dive into this simple and heart-centered approach to influencing your dog's behavior for life?

Does teaching your dog habits that put calmness on autopilot sound like the solution to your dog's inappropriate jumping on you and other people?

If you love your dog and already have a great relationship, but inappropriate jumping is the one thing that still needs work, then you're already halfway there!

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Discover how to give your dog what he really wants and still get everything YOU want...and more. Get all the videos, worksheets, and downloads.

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Big Picture Overview

LOOSE LEASH WALKING

START-UP GUIDE 2

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LOOSE LEASH WALKING START-UP GUIDE 2

THE GOAL

Your dog learns how to adapt his pace and distance from you during walks so that there is no tension on the leash.

WHAT YOU NEED

Properly fitted collar or harness:

- Collar—Flat buckle or quick-release snap. Not metal. Can also use a martingale-type collar. NOT a choke collar.
- Harness—Doesn't restrict normal shoulder movement. Leash attachment at the back. NOT a no-pull type.

A leash that's constructed of a material that is comfortable to handle.

- Leather or synthetic fabric with a comfortable grip
- 6 to 8 feet long with a handle
- NOT a retractable leash. These encourage pulling and give you far less control in an emergency.

THREE KINDS OF LEASH WALKS

1. Destination Walk. For example on a busy public street or going from the car into the Vet's office. The dog stays close.
2. Potty Walk. Usually to the same location. Dogs are free to sniff and find the "spot".
3. Sniff Walk. For the pleasure and enrichment of both the dog and the human. The dog has freedom and responsibility.

In this lesson, we will focus on #3, the Sniff Walk. You'll give your dog freedom to explore at his/her own pace and teach him/her to take responsibility for keeping the leash loose.

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FIRST STEPS

- Build a feedback loop of calm interaction between you and your dog by intentionally using your power tools of voice, touch, and body language.
- Extend the duration of the calm interaction between you and your dog.
- Invite your dog to join you, to follow you, to continue interacting.
- Give your dog the freedom to make other self-reinforcing choices.
- Observe the dog's calming signals and respond accordingly.

GETTING TO THE FINISH LINE + BEYOND

Are you ready to dive into this simple and fulfilling approach to influencing your dog's behavior for life?

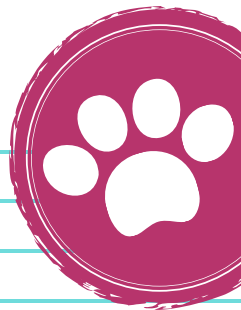
Does teaching your dog habits that put calmness on autopilot sound like the solution to your dog's pulling on the leash when you're out for a walk?

If you love your dog and already have a great relationship, but walking on a loose leash is the one thing that still needs work, then you're already halfway there!

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Big Picture Overview

HOW TO MANAGE INAPPROPRIATE BARKING

START-UP GUIDE 3

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HOW TO MANAGE INAPPROPRIATE BARKING START-UP GUIDE 3

THE GOAL

Your dog learns how to adapt to events that trigger inappropriate barking so that he/she can feel calmer and less aroused by these events and less likely to bark unnecessarily.

YOU NEED

- Favorite Toys, Chew Toys, Puzzle Toys
- Enriched Environment
- Safe Haven

WHY DOGS BARK (SOME OF THE REASONS)

- 1.Alert, warning
- 2.Distress
- 3.Play
- 4.Attention
- 5.Self-expression
- 6.Communication

In this lesson, we will NOT address owner-absent barking. Separation anxiety is a complex behavior and requires specialized behavior modification.

If you are concerned about separation anxiety, contact me for assistance or for a referral to a veterinary behaviorist.

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- **Agency.** Dogs have the freedom to choose their actions. We design consequences that influence their decisions. Present a variety of acceptable choices.
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FIRST STEPS

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GETTING TO THE FINISH LINE + BEYOND

Are you ready to dive into this simple and fulfilling approach to influencing your dog's behavior for life?

Does teaching your dog habits that put calmness on autopilot sound like the solution to your dog's inappropriate barking?

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COMPLETE 2021 WORKSHOP

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BUY NOW!

- What do dogs really want when they jump, pull, or bark?
- Can we give dogs what THEY want and still get everything WE want...and more?
- YES! Join me October 11-15 and see if I know what I'm talking about!

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